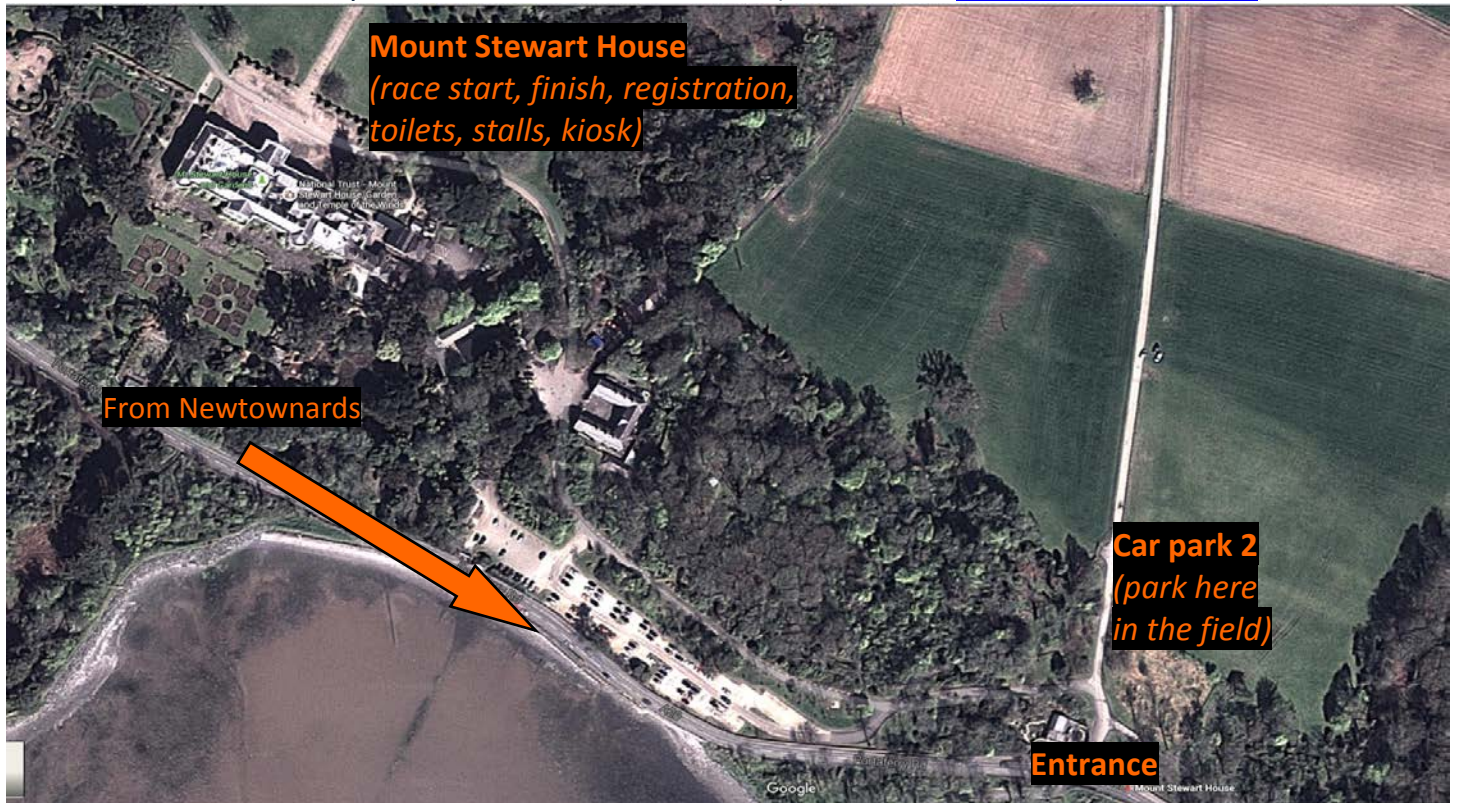


Mount Stewart - Portaferry Road, Newtownards, Co Down (Directions at www.waggy-races.com).



Schedule

Time	What	Where
9.15am – 11.15am	Registration (closes at 11.15am)	The lawn beside Mount Stewart House.
11.15am	Pre race brief	
11.30am	WALKERS START	
11.45am...11.46am...11.47am...11.48am... 11.49am...11.50am...11.51am	RUNNERS START (in waves at 1 min intervals)	
12.45pm	Prizes /podium ceremony	

Race Rules (www.waggy-races.com/rules.html)

Please keep your dogs on a lead. During the race, leads must not be longer than 2 metres (**no expanded leads**).

Parking – please use **car park 2 (the field)**. Marshals will be there to direct.

Registration - **Arrive early!** Registration will close at 11.15am and is approx 10mins walk from the car park field. You will receive your race number [& pins] and details of your starting wave and lane. You will get your goody bags after the race (one per team).

Toilets (humans) are near the start line, beside the tea room/kiosk.

Pre race brief will take place as soon as registration closes. This is our **final chance to tell you important stuff!**

The Start

WALKERS 11.30am
 PRO & CASUALS 11.45am...11.46am...11.47am...11.48am...11.49am...11.50am...11.51am

It is very important that you start the race in the correct wave.

Your details will be attached to your race number and also displayed at registration. Waves will be announced over the megaphone - when wave 1 is at the start line, wave 2 will fill in behind and so on.

The course

We recommend **trail shoes**, although trainers will be ok too. Orange flags, arrows and marshals will be in place to guide you round the course. The **route map** is available here: http://gb.mapometer.com/running/route_4339890

Safety

- **Terrain** – Waggy Races is mostly off road – the course could be wet, muddy and uneven in places – take care!
- **Overtaking** - call out (politely) and pass on the **right hand side** (as if overtaking in a car). If being passed, please leave space for the person & dog to get past - **this is especially important for walkers to note.**
- Please take care at the **start line** - it is very loud, barky and slightly chaotic! Make sure you follow what is going on and start in your correct wave.
- The course involves crossing a road within the estate - marshals will be in place.
- **Headphones** – If you wear headphones, please ensure you are aware of others around you.

Dog poo - there will be bins at the start/finish, at registration and frequently round the course – **You MUST pick up after your dog.** Please bring poo bags (poo bags will also be available at registration).

Water - there will be 3 water stops for your dogs, as well as at the start and finish. Please carry extra water for your dog if required – there is a tap beside the start line. On completing the course, humans will get a protein drink from Dale farm and a bottle of water.

Race timing - please **wear your race number visibly on your front** to get an official time.

After the race please cheer on your fellow Waggy Racers, support our stalls, meet the Guide Dogs NI team and watch the podium ceremony!

Prizes are for **1st - 3rd** in each category:

Male (1 dog) & Female (1 dog)

Pack

2 dogs

Spirit of Waggy Races

Raffle – For the chance to win a weekend for you and your dogs at the pet friendly Crom Castle glamping pods, make sure you get raffle tickets at registration! The draw will take place after the race - all proceeds to guide Dogs NI.

Veterinary care will be provided by Lynn and Helen from the excellent **Cromlyn House Veterinary Hospital.**

First Aid will be provided by Waggy Races stalwart **#DrLynnCromie** at her 8th Waggy Races! Lynn will be at the start/finish line. If you are in trouble on the course - speak to a marshal or pass the message to another competitor. **Please let us know of any relevant medical conditions and record on the back of your race number.**

Guide Dogs NI - We are delighted once again to have the vocal support of the **Guide Dogs NI** team at the race.

Stalls - Make sure you pay the stalls a visit!

- **Murphy's Bark'ery** – Waggy Races veterans with a range of homemade baked dog treats and hampers.
- **Stick Figures NI** – with a selection of bespoke stickers and doggy decals!

Photography by **Mark Winters (Frontline Freelance Media)** and **Paul Carron Photography.**

Make sure you support our photographers and get yourself a souvenir photo or two!

Catering – the kiosk at Mount Stewart will be open from 9.30am, the cafe from 10.00am. We suggest you use the kiosk as dogs are not permitted inside the cafe.

